



National Conference 2024

Aerial UTS Function Centre, Sydney
7-9 November 2024

www.aaimhconference.org



FULL PROGRAM



Australian Association
for Infant Mental Health

AAIMH

www.aaimhconference.org

Conference Secretariat: Abercrombie Management | aaimh@abercrombiemanagement.com.au | 02 4905 0632

9.00am - 12.00pm	WORKSHOPS Room: Wattle Pre-conference Workshop 1 (optional) Presenter: Mike Sherman Integrating infant and early childhood mental health (IECMH) in child-welfare and children's court systems Room: Thomas Pre-conference Workshop 2 (optional) Co-presenters: Joe Coyne and Erin Atkinson Supervising within the Circle of Security Intervention: The Centrality of Reflective Video Review in Developing Competence in State of Mind Intervention	
12.00pm - 1.00pm	LUNCH - self provided	
1.00pm - 4.00pm	WORKSHOPS Room: Wattle Pre-conference Workshop 3 (optional) Presenter: Ashley McCormick Enhancing Reflective Practice in Infant and Early Childhood Mental Health: Cultivating Insight Room: Thomas Pre-conference Workshop 4 (optional) Co-presenters: Nicole Milburn Structured assessments of infant-parent relationships	
4.00pm - 4.15pm	BREAK	

THURSDAY - 7th November 2024

*Conference Program subject to change without notice

4.15pm - 4.45pm

Official Opening

Room: Plenary

Welcome to Country

Anne Hollonds, Australian National Children's Commission

The Hon. Rose Jackson MLC, NSW Minister for Mental Health

Dr Nicole Milburn, AAIMH President

4.45pm - 5.30pm

Keynote:

Melanie Briggs, Waminda South Coast Women's Health and Wellbeing Aboriginal Corporation

Generational Healing from birth to parenting - Our Ways

Room: Plenary

5.30pm - 7.00pm

Welcome Reception

Room: Exhibition

Join delegates and industry exhibitors for light refreshments after the official opening

8.45am - 9.45am	<p>Keynote: Ashley McCormick, Alliance for the Advancement of Infant Mental Health Culturally Sensitive, Relationship-focused Practice Promoting Infant Mental Health: Launching the Competency Guidelines Room: Plenary</p>			
9.45am - 10.45am	<p>Keynote: Professor Andrew Whitehouse, Telethon Kids Institute Shaking up the early childhood clinical pathway for children with developmental difficulties: A moment of opportunity for Australia</p>			
10.45am - 11:15am	<p>MORNING TEA</p>			
11.15am - 11.35am	<p>WORKSHOP Room: Wattle Workshop #86 (11.15am-11.55am) Exploring the Competency Guidelines Through the Lens of an Infant Mental Health Case Study Ashley McCormick, Alliance for the Advancement of Infant Mental Health</p>	<p>INFANT MENTAL HEALTH PROGRAMS Room: Thomas #3: "There's more love between us" Parental experience of attending Mellow Babies, a targeted early intervention Raquib Ibrahim, Mellow Parenting</p>	<p>INFANT SLEEP AND FEEDING Room: Broadway #43: What does infant safer sleep messaging look like in Australia? A systematic evaluation of approaches Sarah Kruse, Monash University</p>	<p>WORKING WITH TRAUMA Room: Jones #63: All My Helpers: A Whole of System approach for healing trauma in a maltreated infant Bodhi Priti, Berry Street</p>

<p>11.35am - 11.55am</p>	<p>WORKSHOP</p> <p>Room: Wattle</p> <p>Workshop #86 (11.15am-11.55am)</p> <p>Exploring the Competency Guidelines Through the Lens of an Infant Mental Health Case Study</p> <p>Ashley McCormick, Alliance for the Advancement of Infant Mental Health</p>	<p>INFANT MENTAL HEALTH PROGRAMS</p> <p>Room: Thomas</p> <p>#79: “Floriful Group Program”; Let’s talk about why we give flowers when a baby is born, and how we can use flowers therapeutically</p> <p>Carla Anderson, Perinatal Child & Family Hub</p>	<p>INFANT SLEEP AND FEEDING</p> <p>Room: Broadway</p> <p>#84: Engagement with infant safe-sleep education when women share sleep with their infant</p> <p>Levita D’Souza, Monash University</p>	<p>WORKING WITH TRAUMA</p> <p>Room: Jones</p> <p>#35: Trauma or depression? Exploring contributions to parent-infant relationship concerns in an early parenting services cohort</p> <p>Dr Alice Dwyer, Tresillian Early Parenting Services</p>
<p>11.55am - 12.00pm</p>	<p>BREAK</p>			
<p>12.00pm - 12.20pm</p>	<p>Workshop #19: (12.00-12.40pm)</p> <p>Ten Years' History: Bringing an Infant Mental Health Workforce into the Future Australia-Wide</p> <p>Gally McKenzie, Karen Griffin and Nicole Wade, AAIMH Endorsement Committee</p>	<p>#44: Circle of Security-Parenting: Investigating education, ethnicity and gender-based parent outcomes</p> <p>Jerrica Zi Teng Kuan, UNSW/Karitane</p>	<p>#6: Experiences of breastfeeding parents and infants who discontinue behavioural infant sleep interventions</p> <p>Dr Brooke Van Zanden, University of Technology Sydney</p>	<p>#60: Implementing Evidence Based Practice: Child Parent Psychotherapy in Take Two</p> <p>Dr Allison Cox, Catherine McQueen and Dr Lyn Radford, Berry Street Sydney</p>

	WORKSHOP	INFANT MENTAL HEALTH PROGRAMS	INFANT SLEEP AND FEEDING	POSTER PRESENTATIONS
	Room: Wattle	Room: Thomas	Room: Broadway	Room: Jones
12.20pm – 12.40pm	<p>Workshop #19: (12.00-12.40pm) Ten Years' History: Bringing an Infant Mental Health Workforce into the Future Australia-Wide</p> <p>Gally McKenzie, Karen Griffin and Nicole Wade, AAIMH Endorsement Committee</p>	<p>#16: Enhancing Mother-Baby Attachment in Complex Family Situations through CFHN Nurse-Led Home Visiting Programs</p> <p>Kim Bellingham, South West Sydney Local Health District</p>	<p>#48: Preventing disrupted feeding relationships for infant</p> <p>Sonia Evans, Beth Gammell and Lily Gordon, Royal Children's Hospital</p>	<p>#52: Lynne Trezise, Grampians Health</p> <p>#24: Dr Alice Dwyer, Tresillian Early Parenting Services</p> <p>#66: Kerryn Roberts, Relationships Australia SA</p> <p>#62: Dr Lyn Radford, Berry Street</p>
12.40pm - 1.30pm	LUNCH			

	WORKSHOP	INFANT MENTAL HEALTH PROGRAMS	PARENT-INFANT RELATIONSHIPS THROUGH A DIFFERENT LENS	HOSPITALISED BABIES
1.30pm – 1.50pm	<p>Room: Wattle</p> <p>Workshop #70: (1.30pm-2.10pm) An Infant’s Inner World: Activating development using the Marte Meo Method</p> <p>Lauren Keegan, Lauren Keegan Psychology</p>	<p>Room: Thomas</p> <p>#42: ForWhen: a national perinatal and infant mental health care navigation service</p> <p>Megan Leuenberger, Karitane</p>	<p>Room: Broadway</p> <p>#18: Building IMH Skills into our Future Paediatricians</p> <p>Tammy Goldwasser and Beth Gammell, Royal Children’s Hospital</p>	<p>Room: Jones</p> <p>#30: Rapid changes in fetal illicit drug exposures: new challenges for infant management in Victoria</p> <p>Dr Anna Tottman, Royal Women’s Hospital</p>
1.50pm – 2.10pm	<p>Workshop #70: (1.30pm-2.10pm) An Infant’s Inner World: Activating development using the Marte Meo Method</p> <p>Lauren Keegan, Lauren Keegan Psychology</p>	<p>#51: New Technology, New Parents: Pilot evaluation of a new intervention for parents experiencing psychosocial adversity</p> <p>Dr Alyssa Sawyer, The University of Adelaide</p>	<p>#28: Quality of mother-infant bonding is positively associated with intrapartum synthetic oxytocin</p> <p>Dr Hannah Edwards, University of South Australia</p>	<p>#45: Exploring the early life experiences of infants hospitalised in neonatal intensive care</p> <p>Dr Natalie Duffy, Royal Children’s Hospital</p>
2.10pm - 2.15pm	BREAK			

	WORKSHOP	INFANT MENTAL HEALTH PROGRAMS	PARENT-INFANT RELATIONSHIPS THROUGH A DIFFERENT LENS	HOSPITALISED BABIES
2.15pm – 2.35pm	<p>Room: Wattle</p> <p>Workshop #15: (2.15pm-2.55pm) Measuring attachment-supportive parenting in clinical practice: An introduction to the Composite Caregiving Questionnaire</p> <p>Dr Anne-Marie Maxwell and Dr Alice Dwyer, Tresillian Family Care Centres</p> <p>Dr Erinn Hawkins, Griffith University</p> <p>Dr Jane Kohlhoff, UNSW</p>	<p>Room: Thomas</p> <p>#61: Perinatal peer support mentors for vulnerable infants and families: Systematic review and qualitative research findings</p> <p>Dr Hayley Kimball, Mater Research</p>	<p>Room: Broadway</p> <p>#17: Shaking up early intervention with child parent psychotherapy in autism: a case study</p> <p>Dr Michelle Adams, Royal Children’s Hospital</p>	<p>Room: Jones</p> <p>#5: Evidence, Education and Empowerment. Nurture E Infant Mental Health Awareness</p> <p>Kylie Pussell, Miracle Babies Foundation</p>
2.35pm – 2.55pm		<p>POSTER PRESENTATIONS</p> <p>#4: Raquib Ibrahim</p> <p>#58: Rochelle Matacz</p> <p>#83: Dr Rachel Bushing</p> <p>#21: Leza Schultz</p>	<p>#22: Born Neurodivergent: Supporting the mental health of autistic infants through neuro-affirming care</p> <p>Rebecca Cefai, Growing Gently Psychology</p>	<p>#32: Hiding, Falling and Found: a case study of a baby's experience of a therapeutic group after a long hospital stay</p> <p>Sharon Cooke, Mother-Baby Nurture</p>
2.55pm - 3.30pm	AFTERNOON TEA			

3.30pm - 4.00pm

Keynote: Dr Izaak Lim, Fleur Ward and Dr Nicole Milburn
Ethics, the infant and the Law
Room: Plenary

4.00pm - 4.30pm

Keynote: Associate Professor Campbell Paul, World Association for Infant Mental Health (WAIMH)
Infant Mental Health: A global perspective
Room: Plenary

4.30pm - 4.45pm

Keynote: Angie Who
Singing for Wellbeing - Lullaby Club, a Mother First Approach
Room: Plenary

4.45pm - 5.30pm

AAIMH AGM
Room: Plenary

6.30pm - 10.30pm

Conference Dinner (optional)
Doltone House, Darling Island

Enjoy a three-course dinner, drinks and live music, along with a special presentation by Dinner Speakers Anne Buist and Graeme Simson authors of *The Glass House* who have just completed 'The Great Australian Bookshop Tour'.

SATURDAY - 9th November 2024

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8.45am - 9.45am	<p>Winnicott Lecture: Deidre Quinlan, Circle of Security International Twenty-one years of Circle of Security in Australia Room: Plenary</p>			
9.45am - 10.45am	<p>Keynote: Dr Mike Sherman, Safe Babies Imagining a Diversity- and Infant and Early Childhood Mental Health (IECMH)-informed Child Welfare System Room: Plenary</p>			
10.45am - 11:15am	<p>MORNING TEA</p>			
11.15am - 11.35am	<p>WORKSHOP Room: Wattle</p>	<p>MATERNAL MENTAL HEALTH Room: Thomas</p>	<p>MULTIDISCIPLINARY APPROACHES TO INFANT MENTAL HEALTH Room: Broadway</p>	<p>INFANT MENTAL HEALTH FROM DIFFERENT PERSPECTIVES Room: Jones</p>
	<p>Workshop #87 (11.15am-11.55pm) The Circle of Security (COS) Classroom Approach Deidre Quinlan, Circle of Security International</p>	<p>#20: Associations between antenatal depression and psychiatric diagnoses and comorbidities in preschool-aged children Dr Karen Wynter, Monash University</p>	<p>#54: What do nurses and midwives contribute to infant mental health practices? Valerie Aylesbury, Perinatal and Infant Mental Health Clinician</p>	<p>#55: MISSING IN ACTION:Overlooking the baby as a recipient of care in the perinatal space Dr Catherine Lazaroo, Mercy Mental Health, Cate Teague, Federation University and Emily Mawson</p>

11.35am - 11.55am	WORKSHOP Room: Wattle	MATERNAL MENTAL HEALTH Room: Thomas	MULTIDISCIPLINARY APPROACHES TO INFANT MENTAL HEALTH Room: Broadway	INFANT MENTAL HEALTH FROM DIFFERENT PERSPECTIVES Room: Jones
	Workshop #87 (11.15am - 11.55pm) The Circle of Security (COS) Classroom Approach Deidre Quinlan, Circle of Security International	#33: Looking Back, Moving Forward: A pilot trial for parents experiencing early parenting challenges using EMDR Praveena Rajeswaran, UNSW	#39: 'My Toddler and Me': A Pilot Study Evaluating an Attachment-Based Group Program for Toddlers Angelique Roth, UNSW	#26: Letters from the infant: Infant voice in the consultation room, parent-infant psychotherapy, and society Dr Naomi Thomas, Perinatal and Infant Mental Health Team, CAMHS Southern Tasmania
11.55am - 12.00pm	BREAK			

SATURDAY - 9th November 2024

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	WORKSHOP	MATERNAL MENTAL HEALTH	MULTIDISCIPLINARY APPROACHES TO INFANT MENTAL HEALTH	INFANT MENTAL HEALTH FROM DIFFERENT PERSPECTIVES
12.00pm - 12.20pm	<p>Room: Wattle</p> <p>Workshop #53: (12.00pm-12.40pm) Within, Without and Between: Intersecting responses holding the infant in mind, body and relationship</p> <p>Dr Wendy Bunston, WB Training and Consultancy and Sharee Nightingale and Sam Ware, Melbourne City Mission</p>	<p>Room: Thomas</p> <p>#56: The impact of accurate diagnosis and treatment of maternal ADHD on infant and family relationships</p> <p>Sarah Edwards, Keeping Mum Psychology</p>	<p>Room: Broadway</p> <p>#71: Learning needs of Perinatal Mental Health Nurses (PMHN)s caring for infants</p> <p>Cate Teague, Federation University</p>	<p>Room: Jones</p> <p>#47: Surrendering- The Reflections of a NICU Twin Mum</p> <p>Tara Sharp, Speech Pathologist and NICU Twin Mum</p>
12.20pm - 12.40pm		<p>#85: Becoming Us: Protecting maternal, paternal and infant mental health through Nest Building</p> <p>Elly Taylor, Becoming Us</p>	<p>#1: Families, Relationships, and Early Childhood Sustained Home-visiting – a FRECSH idea</p> <p>Professor Stacy Blythe, University of Technology Sydney</p>	<p>#82: Into The Woods: The use of narrative metaphor in a perinatal parenting program</p> <p>Dr Rachel Bushing, Three Little Birds Perinatal Psychology</p>
12.40pm - 1.30pm	LUNCH			

SATURDAY - 9th November 2024

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	WORKSHOP	PERINATAL AND INFANT MENTAL HEALTH SERVICES	MULTIDISCIPLINARY APPROACHES TO INFANT MENTAL HEALTH	WORKFORCE, IMPACT AND PROGRAMS
1.30pm – 1.50pm	<p>Room: Wattle</p> <p>Workshop #72: (1.30pm-2.10pm) Strengthening infant mental health through Family Group Conferencing: connecting ancient wisdom to current practice</p> <p>Jaye Osborne, Relationships Australia SA</p>	<p>Room: Thomas</p> <p>#36: Implementing an International Evidence-Based Parent-Infant Dyadic Intervention in WA: The ABC Pilot Project Evaluation</p> <p>Karen Griffin, Lifespan Psychology Centre</p>	<p>Room: Broadway</p> <p>#13: COS - Classroom: Building infant mental health into the future of Australia’s Early Learning Services</p> <p>Alma-Jane O’Donnell and Claire Carniato, Goodstart Early Learning</p>	<p>Room: Jones</p> <p>#23: Parenting infants: Insights from the representative Parenting Today in Victoria survey.</p> <p>Dr Mandy Kienhuis, Parenting Research Centre</p>
1.50pm – 2.10pm		<p>#73: Developing a client-reported outcome framework for Jade House, Karitane</p> <p>Jo-Anne Micallef, Karitane</p>	<p>#65: Holding a curious position: developing early career infant mental health workforce capability</p> <p>Vicki Mansfield, Emerging Minds</p>	<p>#7: Welcoming the Wobbly: Embracing vulnerability and imperfection in the evolution to reflective supervisor</p> <p>Chelle Taylor, Blossomtree Psychology</p>
2.10pm - 2.15pm	BREAK			

<p>2.15pm -2.35pm</p>	<p>WORKSHOP</p>	<p>PERINATAL AND INFANT MENTAL HEALTH SERVICES</p>	<p>MULTIDISCIPLINARY APPROACHES TO INFANT MENTAL HEALTH</p>	<p>WORKFORCE, IMPACT AND PROGRAMS</p>
	<p>Room: Wattle</p>	<p>Room: Thomas</p>	<p>Room: Broadway</p>	<p>Room: Jones</p>
<p>2.35pm -2.55pm</p>	<p>Workshop #75: (2.15pm-2.55pm) Culturally Safe Pathways: Enhancing Infant Mental Health in Aboriginal Communities</p> <p>Joy Makepeace, Dawn Likouresis and Leilamarie Stuart-Likouresis, Marnbi Aboriginal Corporation</p>	<p>#37: Hooking dads in when mum is struggling</p> <p>A/Professor Richard Fletcher, University of Newcastle</p>	<p>#38: “Being-with vulnerable infants and families: The unique role of the Occupational Therapist”</p> <p>Beth Fulton and Melinda Adamcewicz, The Children’s Hospital at Westmead</p>	<p>#57: Nested Parallel Processes in Reflective Supervision Groups</p> <p>Dr Bronwyn Leigh, Centre For Perinatal Psychology & Perinatal Training Centre</p>
		<p>#34: Paternal Caregiving Representations, Mentalization, and Child Temperament: Associations with Callous-Unemotional Traits in Toddlers</p> <p>Vivian Chau, UNSW</p>	<p>#76: Connecting professionals across Australia: Participant experiences of live-virtual Solihull Approach training courses.</p> <p>Helen Stevens, Parent Infant Consultants</p>	<p>#40: Infantless? The experience of not being a parent in Infant Mental Health</p> <p>Dr Megan Chapman, Clinical Psychologist</p>
<p>2.55pm - 3.30pm</p>	<p>AFTERNOON TEA</p>			

SATURDAY - 9th November 2024

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3.30pm - 4.15pm

Panel Discussion:

The infant, the family and the external world: Building infant mental health into the future

Room: Plenary

4.15pm - 4.45pm

Conference Close

Room: Plenary

POSTER LIST

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#4: Feasibility study of Mellow Bumps: Turkish pilot study of an online group-based antenatal parenting intervention

Raqib Ibrahim, Mellow Parenting

#21: Day Stay Plus Program – Supporting Transition to Parenting and Infant Connection

Leza Schultz, Robyn Furjes and Lisa Gannon, Child Health Service (CHS), Child and Youth Community Health Services (CYCHS)

#8: Barriers and enablers to health service access among fathers: A review of empirical evidence

Dr Karen Wynter, Monash University

#24: Emotional dysregulation and the parent-infant relationship: can we make changes?

Dr Alice Dwyer, Tresillian Early Parenting Services and Associate Professor Anne Sved-Williams, ACT PIMHS

#10: Being Together Antenatal Group

Tania Helmer and Sandra Kubota Iso, Raphael Services

#27: Statistical tricks and misses: Ensuring integrity, transparency and clarity in data collection and reporting

Dr Alice Dwyer and Dr Anne Marie Maxwell, Tresillian Early Parenting Services

#11: Self Worth Beyond Birth: Linking brain development and first relationships with long term mental health

Robyn Ball

#31: Clinician reflections on the use of the VIPP-SD in Singapore homes

Dr Chunzhen Tan, Dr Tze-Ern Chua and Dr Helen Chen, KK Women's and Children's Hospital, Singapore

#12: Building Stronger Foundations: Empowering Regional Western Australians: The Geraldton Perinatal and Infant Mental Health Workforce **Gally McKenzie, Karen Griffin and Brooke Maddestra, Pregnancy to Parenthood**

#41: Westmead Mother & Baby Unit - Reflections from the first twelve months

Melinda Adamcewicz, Western Sydney Local Health District

#14: Outcome of Infant and Perinatal Mental Health Program on Temperament, Parent-Infant Relationship & Reflective Functioning

Dr Joy Malinit and Dr Lyn Malinit, Philippine Children's Medical Center

#46: Access to early intervention allied health services for infants with prenatal exposure to illicit drugs

Rochelle Lester, The Women's Hospital, Melbourne

POSTER LIST

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#49: Supporting parents of Toddlers through educational resources: The 'My Toddler and Me' video series

Associate Professor Jane Kohlhoff, UNSW

#62: Seeing the unseen: Helping the system to notice and refer infants who have experienced trauma

**Dr Lyn Radford and Catherine McQueen,
Berry Street**

#50: Optimizing parenting and child outcomes following Parent-Child Interaction Therapy – Toddler: A randomized controlled trial

Associate Professor Jane Kohlhoff, UNSW

#64: Parents' information processing of emotion-related material in infants and toddlers: A systematic review

Praveena Rajeswaran, UNSW

#52: Linking families to community through groups; Solihull Approach group facilitator reflections

Lynne Trezise, Grampians Health

#67: Implementation and outcomes of Child Parent Psychotherapy for Australian children who have experienced relational trauma

Dr Sonia Sharman, Take Two - Berry Street

#58: Introducing the Pregnancy to Parenthood Program: A community-based infant-parent mental health service

Vesna Newman-Morris, Pregnancy To Parenthood

#68: Construct validity of the Composite Caregiving Questionnaire (CCQ): an Exploratory and Confirmatory factor analysis

Brittnee Byron, Griffith University

#59: Initial pre- to post- intervention findings from the Pregnancy to Parenthood Program

Vesna Newman-Morris, Pregnancy To Parenthood

#69: Enhancing Infant Mental Health Competencies in Early Career Clinicians using Evidence-Based Development Strategies

Kathleen Wood and Dr Kerry Slabak, Take Two - Berry Street

POSTER LIST

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#77: Child Parent Psychotherapy Reflective Supervision –
Implementation in Berry Street Take Two
Dr Kerry Slabak, Take Two - Berry Street

#81: Cultivating continuity in approaches from childcare educators
to Paediatricians; shared experiences of the Solihull Approach
Helen Stevens, Parent Infant Consultants

#78: The Solihull Approach parent groups creating communities:
Experiences of parent group facilitators
Helen Stevens, Parent Infant Consultants

#83: Infant Mental Health In Private Practice - Enriching our
Workforce for the Future
Dr Rachel Bushing, Three Little Birds Perinatal Psychology